

November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <u>AM Snack</u> WGR Waffle Milk <u>Lunch</u> WG Mini Turkey Corn dogs Corn Fruit Cocktail Milk <u>PM Snack</u> Strawberry Applesauce Milk	2 <u>AM Snack</u> WGR French Toast Milk <u>Lunch</u> WG Chicken Patty Mashed Potatoes & Gravy Cinnamon Apples Milk <u>PM Snack</u> WGR Ritz Crackers W/ Cheese Cubes Milk	3 <u>AM Snack</u> Yogurt Milk <u>Lunch</u> WG Beef Fingers Green Beans Mandarin Oranges Milk <u>PM Snack</u> WGR Strawberry Chex Mix Milk
6 <u>AM Snack</u> WGR Mini Bagels with Cinnamon Cream Cheese Milk <u>Lunch</u> Little Smokies Carrots Pears Milk <u>PM Snack</u> Graham Crackers Milk	7 <u>AM Snack</u> WGR Frosted Flakes Milk <u>Lunch</u> WGR Zoo Shapes Corn Applesauce Milk <u>PM Snack</u> Cheez-its Milk	8 <u>AM Snack</u> WGR Apple Cinnamon Muffin Milk <u>Lunch</u> WG Fish Sticks Potato Smiles Mandarin Oranges Milk <u>PM Snack</u> Peaches Milk	9 <u>AM Snack</u> WGR Blueberry Mini Waffle Milk <u>Lunch</u> WGR Chicken Drumsticks Mashed Potatoes & Gravy WGR Dinner Roll Applesauce Milk <u>PM Snack</u> WGR Teddy Grahams Milk	10 <u>AM Snack</u> WGR Biscuit Milk <u>Lunch</u> WG Beef and Bean Burrito Green Beans Peaches Milk <u>PM Snack</u> WGR Cheddar Chex Mix Milk
13 <u>AM Snack</u> WGR French Toast Milk <u>Lunch</u> WGR Chicken Tenders Tater Tots Mandarin Oranges Milk <u>PM Snack</u> WGR Soft Pretzel w/ Cheese Milk	14 <u>AM Snack</u> Reduced Sugar Fruit Loops Milk <u>Lunch</u> Turkey Hot Dog on WG Bun Baked Beans Pineapple Milk <u>PM Snack</u> WG Strawberry Chex Mix Milk	15 <u>AM Snack</u> Yogurt Milk <u>Lunch</u> WGR Bosco Breadsticks Green Beans Cinnamon Apples Milk <u>PM Snack</u> WGR Cheez-its Milk	16 <u>AM Snack</u> WGR Pumpkin Bread Milk <u>Lunch</u> WGR Chicken Drumsticks Mashed Potatoes & Gravy WGR Dinner Roll Applesauce Milk <u>PM Snack</u> WGR Teddy Grahams Milk	17 <u>AM Snack</u> WGR Waffle Milk <u>Lunch</u> Galaxy Pepperoni Pizza on WG Crust Cauliflower Fruit Cocktail Milk <u>PM Snack</u> WG Animal Crackers Milk
20 <u>AM Snack</u> WGR Biscuit Milk <u>Lunch</u> Chicken Quesadilla on WG Crust Carrots Pineapple Milk <u>PM Snack</u> WGR Strawberry Chex Mix Milk	21 <u>AM Snack</u> WGR Banana Bread Milk <u>Lunch</u> WGR Fish Sticks Green Beans Peaches Milk <u>PM Snack</u> WGR Ritz Crackers and Cheese Cubes Milk	22 <u>AM Snack</u> WGR Mini Bagel with Strawberry Cream Cheese Milk <u>Lunch</u> Meatloaf WG Dinner Roll Mashed Potatoes & Gravy Fruit Cocktail Milk <u>PM Snack</u> Graham Crackers Milk	23 Center Closed Happy Thanksgiving!	24 Center Closed
27 <u>AM Snack</u> WGR Kix Cereal Milk <u>Lunch</u> BBQ Meatballs Saltine Crackers Peas Peaches Milk <u>PM Snack</u> String Cheese Milk	28 <u>AM Snack</u> Yogurt Milk <u>Lunch</u> Chicken Tenders Potato Smiles Mandarin Oranges Milk <u>PM Snack</u> Soft Pretzel w/ Cheese Milk	29 <u>AM Snack</u> WGR Pancake and Sausage on a Stick Milk <u>Lunch</u> Pork Rib Patty WGR Hoagie Bun Mixed Vegetables Pears Milk <u>PM Snack</u> WGR Strawberry Chex Milk	30 <u>AM Snack</u> WGR French Toast Milk <u>Lunch</u> Galaxy Cheese Pizza on WG Crust Carrots Applesauce Milk <u>PM Snack</u> WGR Teddy Grahams Milk	

**** MENU IS SUBJECT TO CHANGE ****

WG=Whole Grain

WGR=Whole Grain Rich (item contains at least 50% whole grains, and the remaining grains are enriched)

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